

people • food • fashion • homes • arts • travel

brisbanenews

MAY 16 - 22 2007 issue 636
www.brisbanenews.com.au

KING OF CALM

Paul Wilson, author and
meditation guru, shows
a path to inner peace

WINTER FASHION FOR
men of style

Tony Harper's verdict
ON PENFOLDS' NEW WINES

Lien Yeomans'
BEST OF BEEF FINALE
YOUNG AT HEART IN
perfect paris

win A RELAXING GETAWAY TO
CASUARINA LODGE



the QUIET AUSTRALIAN

International bestselling author and former Brisbane boy Paul Wilson has brought a sense of calm to millions of people. He gives **Phil Brown** a heads-up on how to find inner peace



